

## The Trainers

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Vicky McEvoy M.A. Supervisory Practice, B.Th., H. Dip in Ad. Ed. Dip Couns. Dip Sup, Imago Therapist. Vicky founded and managed Oasis Counselling Service for 20 years and is an IACP Supervisor and Counsellor. Vicky is a Life Plan Coach and a Couples Therapist working in Dublin,



Andrea Wigglesworth M.Sc. Advanced Counselling Practice, M.Sc Health Promotions. Dip Supervision, COSCA Trainer and Imago Therapist. Andrea is also a Couples Coach and Life Plan Coach, a gifted teacher who offers a psychodynamic and spiritual perspective to the course.



Each day has a mix of didactic teaching with powerpoint and media presentations, group experiential exercises, small group discussion and practice of skills.

Extra booking forms at [www.vitalconnexions.net](http://www.vitalconnexions.net)

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Booking form: Dublin Couples

Name: \_\_\_\_\_ phone: \_\_\_\_\_

Address \_\_\_\_\_

Email: \_\_\_\_\_

**CHEQUES PAYABLE TO "VITAL CONNEXIONS" 22 Monastery Heath Green, Clondalkin, Dublin 22**

Deposit of €50 to secure your place. Occupation \_\_\_\_\_



Connecting for Life.....

## Advanced Certificate in Couple Counselling and CPD in Relationships

[www.vitalconnexions.net](http://www.vitalconnexions.net)

4 x 2 day modules between October 2017 and February 2018

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Call: 00 353 1 906 6043

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# Course Dates 2017- 8 in Dublin

## Venue -

**Finstown Castle Hotel, Newcastle, Lucan, Dublin**

**10 am to 4.00 pm 4 x 2 day blocks**

Cost: **Cost: €50 non refundable deposit and then €100 per day.** Early booking advisable. Tea and coffee is provided mid morning and lunch can be purchased at the hotel. total £850. Payments can be on arrival each month.

Booking forms: [www.vitalconnexions.net](http://www.vitalconnexions.net)

**THIS COURSE IS SUITABLE FOR ANYONE WHO IS INTERESTED IN THE DYNAMICS OF:**

**LOVE RELATIONSHIPS, (Couples welcome)  
TEAM RELATIONSHIPS,( Teams welcome)  
EMOTIONAL AND SPIRITUAL HEALTH In  
Relationships  
COUPLE COUNSELLING (Counsellors wanting to  
work with couples or already working with  
couples**

**CPD certs can be given for each 2 day module**

# Course Content:

## **Module 1 -Tuesday 3rd and Wednesday 4th October 17**

**Understanding conflict in relationships and techniques and coaching tips offered in order to clear the relationship space**

Interventions and insights including- Love Maps, Relational pollutants, Solvable and Unsolvable Problems, 7 conversations to make Marriage work based on some of John Gottmans research.

## **Module 2 -Tuesday 7th and Wed 8th November 17**

**Understanding the phenomenon of adult attachment and childhood attachment woundings and the impact of the past on adult relationships**

Interventions and insights from Sue Johnson (Hold Me Tight) Conversations around Demon Dialogues, Raw Spots, Revisiting Rocky Moments, Engaging and Connecting, Forgiving Injuries and Bonding

## **Module 3 -Tuesday 5th and Wednesday 6th December 17**

**Understanding how to get the love you want and need in relationships based on the work of Harville Hendrix.**

Understanding the Conscious and Unconscious at work within relationships, unfinished childhood experience, power struggles, relationship styles and defence strategies. Expressing Appreciations and Frustrations, The power of a Shared Relationship Vision.

## **Module 4 - Tuesday 6th Feb and Wed 7th Feb 2018**

**Affair Recovery and the Goodbye Process**

The Course contains experiential learning including triads practice, group discussion, didactic teaching, media presentations and lots of fun and energy!

CERTIFICATE IN COUPLE COUNSELLING  
FOR QUALIFIED THERAPISTS WHO WISH TO OBTAIN A COSCA  
CERTIFICATE - THE FOLLOWING ADDITIONAL ASSIGNMENTS ARE  
REQUIRED

A DVD ASSIGNMENT DAY with colleagues from the course.  
JOURNALLING,  
An ESSAY (2,000 words)  
12 hours couples work under Supervision